

GOLDEN AGEnda...

Published by the:

Cumberland County Office on Aging & Disabled
800 E. Commerce Street, Bridgeton, N.J. 08302

(856) 453-2220 (voice/TTY)

New and Improved in 2026!

The Cumberland County Office on Aging and Disabled is revamping its services and operations, starting with the ability to reach the community. Starting soon, members of the community will be able to receive messaging about events, programs, and current and new initiatives! If you would like to be included on the email list for this new email messaging system, please use your phone's camera to scan this code below and fill in the information! Please also keep a look out for the next edition of Golden AGEnda,. There are some exciting changes to this newsletter coming soon!

Cumberland County Office on
 Aging and Disabled Email Sign Up
 Form for Announcements



March is National Nutrition Month!

Healthy eating helps us stay strong, independent, and feeling our best. This month, please take time to enjoy nourishing meals, try a new healthy recipe, or share a meal with friends and family.



PROPERTY TAX RELIEF APPLICATION FOR NJ SENIORS

Seniors aged 65 and older and disabled homeowners or mobile homeowners will be able to apply for three State property tax relief programs: Senior Freeze, Anchor and now, Stay NJ, by filling out a single combined application for all three programs.

The Department of Treasury's Division of Taxation will mail the combined application, known as the PAS-1, in early March. The application will also become available online in mid-February at propertytaxrelief.nj.gov.

Only seniors age 65 or older and disabled homeowners or mobile homeowners are eligible to use the PAS-1 combined application to apply for the State's property tax relief programs. The PAS-1 combined application replaces the former Senior Freeze and Anchor applications, so there will no longer be a need to file separate applications for these programs. This application will also apply to the new property tax relief program, StayNJ.

Most other homeowners and renters who typically receive Anchor benefits can still expect to receive an Anchor Benefit Confirmation letter this summer confirming their automatic eligibility, while other eligible residents may receive an Anchor application mailer inviting them to apply.

The PAS-1 combined application will be available to fill out online or in paper format. It is important to note that while the new combined application will be available in February 2026 and taxpayers will be encouraged to apply, the benefits will begin to be distributed in July 2026 on a rolling basis. The deadline to complete the combined application is November 2, 2026.

For more information or for assistance with your application, please contact the Office on Aging at (856) 453-2220.

UTILITY ASSISTANCE PROGRAMS IN CUMBERLAND COUNTY - Page One

Prepared by: The Cumberland County Office on Aging & Disabled

Program:	Universal Service Fund USF	Low Income Home Energy Assistance Program / LIHEAP	Payment Assistance for Gas & Electric / PAGE	Social Services for the Homeless (SSH)	New Jersey SHARES	Emergency Food & Shelter Program
Applicable Utility:	Natural Gas Electric	Oil, Propane, Wood, Natural Gas, Electric, Kerosene, Coal	Natural Gas Electric	Oil, Propane, Wood, Natural Gas, Electric, Coal, Water, Sewer Service	Energy Telephone Water Bills	Oil, Propane, Wood, Natural Gas, Electric, Coal, Water, Sewer Service
Restrictions:	Must meet income guidelines for family size (see below)	Limited application times October 1st, through April 30th of the following year.	Must not be applying for, receiving or have received any benefit through LIHEAP within the current heating season.	Must not be receiving GA, TANF, EA or SSI. The exception to this rule is if the client has exceeded their lifetime benefit of Emergency Assistance (EA).	May not qualify if receiving LIHEAP, USF, TANF OR GA	Must not be eligible for assistance through any other program; payer of last resort.
Maximum Monthly Income Household Size:			Maximum Yearly			
1	\$4,167	\$4,167	\$83,344	N/A	\$5,320	N/A
2	\$5,449	\$5,449	\$108,988	N/A	\$7,213	N/A
3	\$6,732	\$6,732	\$134,632	N/A	\$9,107	N/A
Minimum Monthly Income Household Size:						
1	N/A	N/A	N/A	N/A	N/A	N/A
2	N/A	N/A	N/A	N/A	N/A	N/A
3	N/A	N/A	N/A	N/A	N/A	N/A
To Apply Contact:	Gateway Community Action Partnership (856) 451-2966	Gateway Community Action Partnership (856) 451-2966	Contact NJ Shares www.njshares.org 1-866-657-4273	Rural Development Corp./Cumberland Family Shelter (856) 825-3144 Catholic Charities (856) 691-1841	NJ Shares (866) 657-4273 www.njshares.org	Currently not available, but will be available later in the year. Call Sara Williams for more information at: (856) 453-2171



The Cumberland County Office on Aging and Disabled would like to thank the following people for their years of service and wish them all the best in retirement: Diane Strozyk and Barbara Holmes.

We would like to give special thanks to Barbara Nedohon who has retired after 25 years of service to the Office on Aging and Disabled, including the last 13 years as Executive Director! Thank you for all you did to support those in the Cumberland County community.

We would also like to give a warm welcome to **Lisa Williams** who has been appointed the **new Executive Director** for the Office on Aging and Disabled! Lisa has stepped into the role, having worked with us since 2024. She has been working in the aging field in for 35 years and is excited to be leading the department that serves such a vital group of individuals!

She would like to encourage everyone to contact our office via phone or in-person if you are in need of any assistance with our programs or resources! We would be happy to assist in any way we can!



Golden Quote: “Aging is an extraordinary process where you become the person you always should have been.”-David Bowie



CUMBERLAND COUNTY
OFFICE ON AGING & DISABLED
PRESENTS:



Memory Café

A DEMENTIA FRIENDLY SOCIAL GATHERING FOR THOSE EXPERIENCING COGNITIVE CHALLENGES TO ATTEND WITH THEIR CAREGIVERS



- **MUSIC & ACTIVITIES GEARED TOWARDS THOSE WITH MEMORY LOSS**
- **LUNCH PROVIDED**
- **SOCIALIZATION & SUPPORT FOR CAREGIVERS**



Wednesday, March 25th from 12pm to 2pm
Parish of All Saints Church Community Center
621 Dock Street, Millville

Please contact the Office on Aging & Disabled at
(856) 453-2224 to reserve your spot.
(Reservations are required to participate)



PROGRAM SERIES BROUGHT TO YOU BY THE OFFICE ON AGING WITH THE SUPPORT OF THE CUMBERLAND COUNTY BOARD OF COMMISSIONERS

APRIL 11
JUNE 6
SEPTEMBER 12

2026 Household Hazardous Waste and Document Shredding

8AM TO 2PM

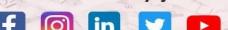
Cumberland County Solid Waste Complex
169 Jesse Bridge Road
Millville (Rosenhayn), New Jersey 08332

CUMBERLAND COUNTY RESIDENTS ONLY

Non-profits, commercial and home-based businesses ARE NOT eligible to participate.



THE AUTHORITY
Have a Question?
Please contact
Cumberland County Recycling and Clean Communities Coordinator
856-825-3700 x1270
www.theauthoritynj.com



SAVE THE DATE

Have you moved? In order to receive your newsletter in a timely fashion, please notify us of your new address. You can call or mail your change to: Golden Agenda, 800 E. Commerce Street, Bridgeton, NJ 08302. (856) 453-2220.

RSVP

Corner

AmeriCorps Seniors is a network of National service programs for people 55 years and older made up of three primary programs: Foster Grandparents, Senior Companions, and RSVP. Each program takes a different approach to improving lives and fostering civic engagement. As an AmeriCorps Seniors Volunteer through RSVP, you commit your time to address critical community needs including tutoring, elder care, capacity-building for non-profits and more.

The AmeriCorps Seniors volunteers who serve in our RSVP program choose how and when they want to serve, with commitments ranging from a few hours to 40 hours per week. You may choose an opportunity with the organizations we work with that see service as a solution to local challenges. AmeriCorps Seniors volunteers, themselves, report better health and longevity having served their community.

Whether you are interested in helping the homeless, tutoring children, distributing food or just lending a helping hand, there are many different experiences waiting for you.

For further information, please call the RSVP Office at (856)-691-1328 or email Robert Wilson at robertwi@cumberlandcountynj.gov.



**Sheriff Michael Donato
Presents:**

TRIAD
CUMBERLAND COUNTY
SHERIFF'S OFFICE
BRIDGING PUBLIC SAFETY TO SENIORS

**CUMBERLAND COUNTY'S
TRIAD SENIOR LUNCHEON**

12pm-2pm
Wednesday,
April 22nd, 2026

Elks Lodge 580
Millville
1815 E Broad St. Millville, NJ

****Must be 55+ to attend. Doors open at 11am.****

Registration is encouraged but not required.
Please call and leave a message with your full name and
number of guests attending.
Seating is on a first-come, first-served basis.

For more information, please contact:
(856)451-4449 ext. 25124



Volunteers needed at the following sites:

Community FoodBank of NJ - Volunteers needed to support mobile food pantries throughout Cumberland County. Prep bags of food, hand out bags, setup/cleanup. Rain or shine locations! Medium flexibility (certain days each month).

Inspira Medical Centers - Volunteers needed to support efforts at Vineland, Bridgeton, and Elmer Hospitals. Volunteers could help at front desk, push wheelchairs, serve as greeters, etc. Less flexible (more scheduled dates/times).

Suncrest Hospice - Volunteers needed to provide companionship to hospice patients. Volunteers would read to them, assist with games/crafts, music or pet therapy if desired. More flexible (consistent throughout the month, but you decide the days/times). Local to the volunteer, locations throughout Cumberland County.

RSVP Advisory Council - RSVP is seeking volunteers to apply for its advisory council. Meetings quarterly, support RSVP program at events, help with donation solicitation efforts, and help the program succeed more behind-the-scenes!

Help and Hope Food Pantry—Volunteers needed to make phone calls to inform clients of their scheduled delivery time. Tuesday and Thursday mornings. Located in Millville.

Note for Volunteers: Please keep an eye out for information regarding the return of the Volunteer Luncheon!

THANK YOU FOR YOUR SUPPORT!

Your continued donations are greatly needed in order to maintain the regular publication schedule of this newsletter. The suggested donation is \$8.00 per year. If you are able to donate, please fill out the coupon and mail to: Golden AGEnda, Office on Aging & Disabled, 800 E. Commerce Street, Bridgeton, N.J. 08302.

Yes, I want to contribute to the "Golden AGEnda" and have enclosed my yearly donation of \$ _____.

Name: _____

Address: _____

Apt. #: _____

UTILITY ASSISTANCE PROGRAMS IN CUMBERLAND COUNTY - Page Two

Prepared by: The Cumberland County Office on Aging & Disabled

Program:	Winter Termination Program	Weatherization Assistance Program (WAP)	Comfort Partners	Fresh Start	Lifeline Credit Program	NJ Clean Energy Program
Applicable Utility:	Regulated Electric & Gas Utility Companies	Weatherization	Improve Energy Affordability	Natural Gas Electric	Natural Gas Electric	Financial Incentives to Improve Energy Efficiency
Restrictions:	Households receiving benefits from one of following: LIFELINE, LIHEAP, TANF, SSI, PAAD, GA, USF and FINANCIAL HARDSHIP .	Enables the Elderly, Disabled and Low-Income persons in weatherizing their homes, improving their heating system efficiency and conserving energy.	State funded program designed to improve energy affordability for income eligible households. Participants receive installation of cost effective energy efficiency measures for their home plus personalized energy education & counseling	Available for persons receiving USF for first time. Client must owe at least \$60 or more. Under this forgiveness program the arrearage is set aside when a customer is placed in the program. Previous balance will be erased if the customer pays their bill for the next 12 months in full.	Lifeline: \$225 - age 65+. Tenants Lifeline: \$225 for tenants: gas/electric included in rent. Special Utility Supplement: Up to \$18.75 to SSI persons in place of Lifeline. Eligible: PAAD beneficiaries or 65+, age 18-64 with SSI and income below.	Financial incentives, programs and services to New Jersey residents, business owners and local governments to help them save energy, money and the environment. It promotes increased energy efficiency and the use of clean, renewable sources of energy.
Maximum Monthly Income Household Size:		Maximum Yearly	Maximum Yearly		Maximum Yearly \$54,943 - Single \$62,390 - Couple	
1	N/A	\$31,300	\$39,125	N/A	N/A	N/A
2	N/A	\$42,300	\$52,875	N/A	N/A	N/A
3	N/A	\$53,300	\$66,625	N/A	N/A	N/A
Minimum Monthly Income Household Size:						
1	N/A	N/A	N/A	N/A	N/A	N/A
2	N/A	N/A	N/A	N/A	N/A	N/A
3	N/A	N/A	N/A	N/A	N/A	N/A
To Apply Contact:	NJ Board of Public Utilities Customer Assistance (800) 510-3102	Gateway Community Action Partnership (856) 455-5900 Manager: Tim Finch	NJ Comfort Partners (800) 915-8309	Utility Companies Customer Service Representatives.	NJ SAVE application www.aging.nj.gov Lifeline/PAAD Hotline: (800)792-9745 or Cumberland County Office on Aging (856) 453-2220	NJ Board of Public Utilities (866) 657-6278

**CUMBERLAND COUNTY OFFICE
ON AGING AND DISABLED**
800 E. Commerce Street
Bridgeton, New Jersey 08302
RETURN SERVICE REQUESTED

PRSR STD
U.S POSTAGE
PAID
WILLIAMSPORT, PA
PERMIT No. 33



The NJ Division on Aging Services administers a number of federal and state-funded programs that make it easier for older adults to live in the community as long as possible. Access to some of these programs is through the NJ Save, an online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription drugs, and other living expenses. The staff at the Office on Aging can assist with this on-line application. For assistance contact the Office on Aging at 856-453-2220.



**Join Us For Our
Dementia Caregiver Support Group Meeting
Upcoming Meetings:
Wednesday, March 4th at 2:30pm
Wednesday, April 1st at 2:30pm
Wednesday, May 6th at 2:30pm**



The Cumberland County Office on Aging is here to assist caregivers with navigating through the struggles of caring for a loved one with dementia.

Please call Lisa Williams at **(856) 453-2224** for more information.

FREE INCOME TAX PREPARATION

The Campaign for Working Families, Inc. is offering free assistance with tax preparation and applications for the Earned Income Tax Credit (EITC). Volunteers are trained by the Internal Revenue Service (VITA). Applicants can walk in/or drop off in-person. The Cumberland County location is at the CWF Salvation Army, 733 Chestnut Avenue in Vineland. Hours are: Mon., Tues. Thurs., and Fri. from 10am - 6pm, and Sat. 10am-3pm. To be eligible, applicants should have worked full or part time, or been self-employed in 2024, and earned less than \$60,000. Seniors age 60 and older are also eligible to participate. Please provide the following items: State issued photo ID, Social Security card(s) for you and your dependents, all W-2s and 1099s, any 1098-T forms, last year's tax return as well as any other pertinent documentation. Anyone who files a basic tax return can have taxes prepared at this CWF site.

THE GOLDEN AGEnda

Published by the Cumberland County Office on Aging and Disabled

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In cooperation with the
Cumberland County Board of Commissioners
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The Cumberland County Office on Aging, established in 1969 by the Cumberland County Board of Commissioners and the State Division on Aging under Title III of the Older Americans Act, is partially funded by the State of New Jersey. Its services are available to all residents of the county in accordance with the Title VI of the Federal Civil Rights Act and applicable state statutes.