

# GOLDEN AGEnda...

*Published by the:*

**Cumberland County Office on Aging & Disabled**  
**800 E. Commerce Street, Bridgeton, N.J. 08302**

**(856) 453-2220 (voice/TTY)**

## YOU ARE INVITED TO GIVE YOUR INPUT ON SERVICES FOR SENIORS

The Cumberland County Office on Aging & Disabled will hold its annual public hearing for services to senior citizens and disabled residents on Thursday, May 21, 2026 at 2:00pm at the Cumberland County Library, 800 E. Commerce St., in Bridgeton. The purpose of this hearing is to offer elderly and disabled County residents, caregivers, and the general public the opportunity to comment on the needs of the elderly and disabled. Comments regarding needs that can be addressed by advocacy activities and available service funding are of particular interest.

The 2025-2027 Area Plan provides services funded under Title III of the Older Americans Act, Adult Protective Services, Casino Revenues, State, Municipal and County funds. Comments in writing will be accepted until May 21, 2026 as part of the public record of this hearing and should be addressed to: Lisa Williams, Executive Director, Cumberland County Office on Aging & Disabled, 800 E. Commerce Street, Bridgeton, NJ 08302. For more information, contact the office at (856) 453-2224.

### Golden Quotes

“Wellness is not a destination, but a journey at every age” - Unknown

“You are never too old to set another goal or to dream a new dream.” - C.S. Lewis



## 2026 SENIOR ART SHOW

The 51st Annual Cumberland County Older Americans Art Exhibit & Competition will be held at the Cumberland County Library from August 10 through September 10, 2026. The event is sponsored by the Cumberland County Office on Aging & Disabled along with the Cumberland County Cultural & Heritage Commission. It is open to both professional and non-professional artists age 60 and older who are residents of Cumberland County. We will be accepting registration during the month of July with the Office on Aging and Disabled.. For more information, please contact Robert Wilson at [robertwi@cumberlandcountynj.gov](mailto:robertwi@cumberlandcountynj.gov) or 856-691-1329.



## Cumberland County Office on Aging's Senior Music Festival

**WEDNESDAY, MAY 6TH**  
 TIME OF EVENT: 11AM-2PM

**CUMBERLAND COUNTY FAIRGROUNDS**

3301 CARMEL RD. MILLVILLE



BLEACHER SEATING AVAILABLE OR BRING YOUR FAVORITE FOLDING CHAIR

LIGHT REFRESHMENTS  
 INFORMATION TABLES & MORE!



**CUMBERLAND COUNTY CELEBRATES  
OLDER AMERICANS MONTH - MAY 2026  
CALENDAR OF EVENTS**

In honor of Older Americans Month, the Cumberland County Office on Aging and Disabled has prepared a special Calendar of Events. The cooperation of community agencies in hosting the events included in the Calendar is acknowledged and appreciated. Our readers are encouraged to participate in and inquire about the scheduled events during the month of May 2026.

This year's national theme, *Champion Your Health*, will recognize the profound impact that meaningful relationships and social connections have on our health and well-being.

On behalf of the Cumberland County Board of Commissioners and the Office on Aging, may you all enjoy a healthy and happy Older Americans Month, 2026!

*Office on Aging & Disabled Liaisons*

*Sandra Taylor, Commissioner Director*

*Robert Austino, Commissioner*



*Office on Aging & Disabled*

*Lisa A. Williams*

*Executive Director*

**Themed Bingo Week**

May 4<sup>th</sup> – May 8<sup>th</sup>, 11:00am-12:00pm located at Louise E. Moore Senior Center, 8879 Highland Street, Port Norris, NJ 08349. There will be different themed bingo and prizes each day. Contact Cindy Tawes at 856-785-1712 for more information.

**Nutrition Sharing Centers Mother's Day Luncheon**

Tuesday, May 5<sup>th</sup>, 11:30am – 1:00pm, located at Senior Centers throughout the County. A special Mother's Day menu will be served as well as flowers provided to attending mothers. Contact the site manager for a reservation. Reservation must be made by May 1<sup>st</sup>. Haleyville: 856-785-9817; Deerfield: 856-455-6902; Seabrook: 856-451-5649; Leesburg: 856-785-0325; Millville: 856-825-8779; Vineland: 856-692-8289; Fairfield: 856-451-9284 ext. 315; and Lawrence: 856-447-1000.

**Who is South Jersey Legal Services (SJLS) and What Services Do They Provide?**

Tuesday, May 5, 11:15am, located at Edgar Joyce Senior Center, 1323 NJ-77, Bridgeton, NJ 08302. This presentation is directed to seniors to educate them on SJLS and what they provide. Contact South Jersey Legal Services for more information at 856-691-0494.

**Dementia Caregiver Support Group**

Wednesday, May 6, 2:30pm-3:30pm, located at the Office on Aging & Disabled, 800 E. Commerce St, Bridgeton, NJ, 08302. This is a time for caregivers to come together to gather resources and network with other caregivers.

**Cumberland County Office on Aging's Senior Music Festival**

Wednesday, May 6<sup>th</sup>, 11:00am – 2:00pm located at Cumberland County Fairgrounds, 3301 Carmel Rd, Millville, NJ 08332. Seniors who reside in Cumberland County are invited to attend. There will be music, light refreshments and resource tables from area agencies. For more information, contact Office on Aging & Disabled 856-453-2224.

**Who is South Jersey Legal Services (SJLS) and What Services Do They Provide?**

Wednesday, May 6, 11:30am, located at High Rise East, 130 S 2nd St, Millville, NJ 08332. This presentation is directed to seniors to educate them on SJLS and what they provide. Contact South Jersey Legal Services for more information at 856-691-0494.

**38<sup>th</sup> Annual Senior Pinochle Tournament**

Friday, May 8<sup>th</sup>, Charlotte Brago Senior Center, 736 Landis Avenue, Rosenhayn. Sponsored by

the Cumberland County Office on Aging and Cumberland County Recreation Commission. Trophies awarded for first and second top score. Experienced players may call Charlotte Brago Senior Center to reserve your spot today 856-451-5649.

### **Tea Party Luncheon**

Friday, May 8, 11:30am-1:30pm Margaret Winchester Enrichment Center for the Blind and Visually Impaired located at 168 Sunny Slope Drive, Bridgeton. Visit and tour the Margaret Winchester Enrichment Center for the Blind and Visually Impaired. Free to public and all are invited. Contact Larry Pierce at 856-451-5623 for more information.

### **Morning Stretch with Heidi DeBartolomeis, PE Trainer, Planet Fitness and Member of Cumberland County Recreation Council**

Tuesday, May 12<sup>th</sup>, 9:30am – 11:00am, located at 800 E Commerce Street, Bridgeton, NJ 08302. Sponsored by the Cumberland County Office on Aging. Beginner friendly seated exercise program. Contact Office on Aging at 856-453-2224 to reserve a spot.

### **Ice Cream Sundae Social**

Tuesday, May 12<sup>th</sup>, 10:30am – 1:00pm, located at Senior Centers throughout the county. The Cumberland County Nutrition Program will be hosting this event. Contact the site manager for a reservation. Reservations must be made by May 1<sup>st</sup>. Haleyville: 856-785-9817; Deerfield: 856-455-6902; Seabrook: 856-451-5649; Leesburg: 856-785-0325; Millville: 856-825-8779; Vineland: 856-692-8289; Fairfield: 856-451-9284 ext. 315; and Lawrence: 856-447-1000.

### **Senior Safety with Sheriff Donato**

Friday, May 15<sup>th</sup>, 1:30pm-2:30pm, located at Millville Public Library, 210 Buck St, Millville, NJ 08332. Learn valuable tips on situational awareness, safeguarding your credit cards, and protecting your identity from those who prey on seniors. Contact the Office on Aging at 856-453-2224 for more information.

### **Who is South Jersey Legal Services (SJLS) and What Services Do They Provide?**

Tuesday, May 19, 10:30am, located at Louise Moore Senior Center, 8879 Highland St, Port Norris, NJ 08349. This presentation is directed to seniors to educate them on SJLS and what they provide. Contact South Jersey Legal Services for

more information at 856-691-0494.

### **Millville Senior BBQ**

Wednesday, May 20<sup>th</sup>, 11:30am – 1:30pm, located at Millville Elks Lodge, 1815 E Broad St, Millville, NJ 08332. The City of Millville's Recreation Department will be honoring the Senior Citizens who reside in Millville on Wednesday with a free BBQ lunch. This event is open to the first 200 Millville Seniors who register. Seniors are treated to a full afternoon of fun, with music, food, and door prizes. Registration begins May 4<sup>th</sup>, 2026. Register by calling 856-825-7000 ext. 7392.

### **Plant and Paint**

Wednesday, May 20, 10:30am-12:00pm, located at Millville Nutrition Center, 130 S 2nd St & Vineland Nutrition Center, 191 W Chestnut Ave. Each person will pick their own blooming flower and be able to personalize their own flowerpot all while socializing. Refreshments available. Please RSVP at the center you will be attending by 5/4. Please contact Millville at 856-825-8779 or contact Vineland at 856-692-0973.

### **Who is South Jersey Legal Services (SJLS) and What Services Do They Provide?**

Wednesday, May 20, 11:00am, located at Maurice River Township Municipal Building, 590 Main St, Leesburg, NJ 08327. This presentation is directed to seniors to educate them on SJLS and what they provide. Contact South Jersey Legal Services for more information at 856-691-0494.

### **Deerfield Senior Center 30<sup>th</sup> Anniversary**

Thursday, May 21, 11:00am start, located at 736 Landis Ave, Bridgeton, NJ 08302. Deerfield Senior Center is thrilled to commemorate our anniversary with a delightful day of joy and gratitude. Come and join us for a day filled with cherished memories, a delicious lunch, lively music, and socializing as we express our heartfelt appreciation for our wonderful community and senior citizens. Contact Melissa at 856-455-6902 to reserve your spot.

### **Memory Café**

Wednesday, May 27<sup>th</sup>, 12:00pm – 2:00pm, Parish of All Saints Church Community Center, 621 Dock St, Millville, NJ 08332. Caregivers for those with dementia can attend with their loved one and participate in Music Therapy, Art Therapy, and Lunch. Contact the Office on Aging at 856-453-2224 for more information.

*See next page (pg. 4) for more events...*

## Ice Cream Social

Tuesday, May 26<sup>th</sup>, 1:00pm – 2:30pm, located at Vineland Senior Center, 103 S 6<sup>th</sup> St, Vineland, NJ 08360. In celebration of Older Americans Month, please come and join us for our Ice Cream Social! Open to Vineland Seniors. Call to reserve your spot with Tricia DiLisciandro at 856-794-4074.

**Senior Spring Fling Dance sponsored by First Legislative District (Senator Michael L. Testa, Assemblyman Erik Simonsen and Assemblyman Antwan McClellan).**

Wednesday, May 13<sup>th</sup>, 2:00pm – 4:00pm located at Millville Elks Lodge, located at 1815 E Broad St, Millville, NJ 08332. Music and light refreshments served. To reserve your spot, please call 856-453-2224.

## Cumberland County Parks & Recreation Day

Saturday, May 30<sup>th</sup>, 11:00am – 2:00pm, located at 3301 Carmel Rd, Millville, NJ 08332. Cumberland County Parks & Recreation day is sponsored by the Cumberland County Recreation Commission. There will be an Even Kiel 5k run that is fee based (9:30am) and a fun run for beginners (11:00am) that is free. Also during this day, there will be opportunities to showcase local sports groups, hobby clubs, fitness instructors and outdoor enthusiasts, all ability level & ages are welcome. Food Trucks, demonstrations, and music.

Please join  
**Senator Michael Testa  
Assemblyman Erik Simonsen  
Assemblyman McClellan**  
in collaboration with  
**The Cumberland County Department of Aging**



for the  
**FIRST ANNUAL  
SPRING FLING**

**Wednesday, May 27th, 2026  
2:00pm – 4:00 pm**  
**Millville Elks Lodge 580**  
1815 E. Broad St., Millville, NJ 08332  
Please RSVP to 856-453-2224



## 38th Annual Senior Pinochle Tournament

In celebration of  
**Older Americans Month**

Sponsored by the  
Cumberland County Office on Aging & Disabled  
Cumberland County Recreation Commission  
and our hosts  
Staff of Deerfield Township

**Friday, May 8, 2026  
Starting at 10 AM**



Location:

Charlotte Brago Senior Center  
736 Landis Avenue, Rosenhayn  
Located in back of the Municipal Building



Experienced players call to reserve a seat (856) 455-6902  
(seating is limited)

Leave a message with full name, address, and telephone number.  
Last day for registration is Monday May 1, 2026

**\*MUST BE A CUMBERLAND COUNTY RESIDENT TO RECEIVE A TROPHY**

Trophies will be presented to the first and second top scores.  
Light lunch will be served.



## Senior Safety Tips with Sheriff Michael Donato



Learn valuable tips on:

- Situational awareness
- Safeguarding your credit cards
- Protecting your identity from those who prey on seniors

**Date: Friday, May 15, 2026**  
**Time: 1:30pm-2:30pm**  
**Location: Millville Public Library**  
**210 Buck Street, Millville**

For more information, please contact the  
Office on Aging at (856)-453-2224.





# Corner

AmeriCorps Seniors RSVP is a volunteer network program committed to serving those throughout communities across the nation through promoting, inviting, and partnering with local organizations to ensure seniors 55+ stay active and give back to their local communities. These senior volunteers choose how and when they would like to serve, with commitments ranging from a few hours to many hours each week. There are many organizations and causes to choose from, helping ensure that service can help solve local challenges. Many AmeriCorps Seniors volunteers themselves report better health and a feeling of purpose. Whether helping with the homeless, tutoring students, distributing food, or something else, we have many experiences waiting for you!

*For further information about volunteering, please contact Project Director Robert Wilson at the RSVP Office at robertwi@cumberlandcountynj.gov or 856-691-1329.*

*For Current RSVP Volunteers: The 47th Annual\* RSVP Luncheon will be held on May 28th, 2026 at Eastlyn Golf Course in Vineland. The event will start at 12pm. More information will be sent out to volunteers shortly.*

**Volunteers needed at the following sites: Bridgeton Public Library**—Volunteers needed to help with shelving and pulling books, as well as helping with book sales and other events.

**Community Foodbank of New Jersey**—Volunteers needed to help with mobile food pantries across Cumberland County. Help hand out, pack food. Pick and choose days/locations!

**RSVP Office**—Volunteer needed to help in the RSVP Office. Help with clerical work, typing, filing, answering phones, help staff tables at outreach events. Also helps Project Director and Executive Director as needed. Flexible schedule!

**Cumberland County Division of Employment and Training**—Volunteers needed to help young adults prepare for their GED exam by serving as tutors. Office space and training materials provided. Location: RCSJ Campus in Vineland. Schedule can vary, up to three days/week.

**RSVP Advisory Council**—Volunteers needed to serve on RSVP’s Advisory Council, helping promote, advise, and grow RSVP. Meetings quarterly. More behind the scenes!

***Have you moved?*** In order to receive your newsletter in a timely fashion, please notify us of your new address. You can call or mail your change to: Golden Agenda, 800 E. Commerce Street, Bridgeton, NJ 08302. (856) 453-2220.

**THANK YOU FOR YOUR SUPPORT!**  
Your continued donations are greatly needed in order to maintain the regular publication schedule of this newsletter. The suggested donation is \$8.00 per year. If you are able to donate, please fill out the coupon and mail to: Golden AGenda, Office on Aging & Disabled, 800 E. Commerce Street, Bridgeton, N.J. 08302.  
Yes, I want to contribute to the “Golden AGenda” and have enclosed my yearly donation of \$ \_\_\_\_\_.  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Apt. #: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_

**ANNOUNCEMENT**  
**Dementia Caregivers Support Group Meeting Schedule for Spring and Summer 2026:**  
Wednesday, May 6th: 2:30pm-3:30pm  
Wednesday, June 3rd: 2:30pm-3:30pm  
Wednesday, July 1st: 2:30pm-3:30pm  
Wednesday, August 5th: 2:30pm-3:30pm  
All meetings are held at 800 E. Commerce Street, Bridgeton. Contact Abigail Riggins at (856) 453-2224 for more information.

\*\*\*\*\*



**SENIOR FARMERS MARKET  
NUTRITION PROGRAM BEGINS IN  
MAY 2026**

The Seniors Farmers' Market Nutrition Program provides benefits to income eligible seniors age 60 and older to purchase locally grown fresh fruit, vegetables, herbs, and honey from local participating farmers during the growing season. Distribution of benefits begins May 1, 2026 and runs to the end of September. This program provides useful nutritional information and helps to ensure good health.

Income guidelines have been established. A household of one can have a monthly gross income of up to \$2,413 and a household of two can have a monthly gross income of up to \$3,261. Proof of income is required, and the income limits are subject to change.

This year's benefit will be \$40.00 per eligible participant. All participants will be issued an electronic QR code to be used at participating farmer's markets. The QR code works similar to a gift card. The QR code will be printed when the application is processed.. For more information, contact the Office on Aging & Disabled at (856) 453-2220.



Cumberland County Office on Aging & Disabled presents:

**Morning Stretch  
with Heidi DeBartolomeis**  
(PE Trainer at Planet Fitness and member of  
Cumberland County Recreational Council)



A low impact, beginner friendly seated exercise program

**Tuesday, May 12<sup>th</sup>  
9:30am-11am**  
**Cumberland County Library Community  
Room**  
**800 E. Commerce Street, Bridgeton**  
Space is Limited  
Please call (856) 452-2224 by  
May 8 to reserve your spot!

- Please consult your physician prior to engaging in any physical exercise program.
- Signing a waiver prior to participating is required.

**THE GOLDEN AGEnda**  
Published by the Cumberland County  
Office on Aging and Disabled  
**Lisa Williams** Executive Director  
**Robert Wilson** Contributing Editor  
**Abigail Riggins** Contributing Editor  
**In cooperation with the**  
Cumberland County Board of Commissioners  
**Sandra Taylor, Director**  
**Art Marchand**                      **James Sauro**  
**John Capizola**                    **Yolanda Garcia-Balicki**  
**Antonio Romero**                **Robert Austino**

The Cumberland County Office on Aging, established in 1969 by the Cumberland County Board of Commissioners and the State Division on Aging under Title III of the Older Americans Act, is partially funded by the State of New Jersey. Its services are available to all residents of the county in accordance with the Title VI of the Federal Civil Rights Act and applicable state statutes.