

# Our Mission

COMPASSION • INTEGRITY • ACCOUNTABILITY • TEAMWORK

To strengthen and empower our community through dedicated collaboration, partnership, networking, and coordinated behavioral health and wellness services.

To be a leader in providing comprehensive human services that instills hope and transformation.



## Hours of Operation

Monday	8:30 AM - 4:30 PM
Tuesday	11:00AM - 7:00 PM
Wednesday	8:30 AM - 4:30 PM
Thursday	8:30 AM - 4:30 PM
Friday	8:30 AM - 4:30 PM

## START BUILDING YOUR RECOVERY CAPITAL TODAY!



Division of Mental Health & Addiction Services  
**wellness recovery prevention**  
*laying the foundation for healthy communities, together*



**CUMBERLAND COUNTY HUMAN SERVICES**  
*Division of Mental Health & Addiction Services*



72 N. Pearl Street  
Bridgeton, NJ 08302

(856) 391-7449

1(800) 236-2448



<https://www.co.cumberland.nj.us/recoverysupportservices>



*How can we help you with your recovery today?*

**C.A.R.E.S. 24hr 1 (800) 236-2448  
Office (856) 391-7449**

[www.facebook.com/capitalrecovery](http://www.facebook.com/capitalrecovery)

# What does recovery mean to you?

Capital Recovery Center is a recovery-oriented sanctuary where individuals with a substance use disorder and their loved ones can access peer support, information about substance use disorder treatment, recovery support services, information about other community resources, and participate in social and recreational activities in a supportive substance free environment.



Welcome to our living room!

# Meeting Your Needs

We provide a variety of services such as:

- treatment navigation
- transportation
- housing assistance
- recovery housing
- utility assistance
- food assistance
- establishing vital documents
- connection to a recovery community
- recreational activities
- in-person meetings
- peer support services
- access to computers

# Recovery Coaches

Meet with one of our recovery coaches and build a Recovery Management Plan tailored to your recovery needs.

**You are not alone in your need for support! If someone you love has a substance use disorder or if you have lost a loved one to an overdose, join us for mutual support.**



## Meetings

**GratiTuesday • Tuesdays | 12 PM**

Learn how gratitude can help build happiness, self-esteem, & more, in recovery.

**Coffee & Conversation • Tuesdays | 2 PM**

Get your cup of coffee ready and drop in for an open discussion on all things recovery!

**Family Meetings • Tuesday | 5:30 PM**

*Family Support Every Tuesday*

Offers support & education for families who have a loved one struggling with addiction.

*Grief Group 2nd & 4th Tuesday*

Offers support for those who have lost a loved one to the disease of addiction.

**All Recovery • Thursdays | 1 PM**

Come experience recovery support in a safe non-judgmental environment that honors all pathways to recovery.

**Men In Training • Thursday | 3 PM**

We are men shaping and transforming lives for a better tomorrow.

**Freedom Fridays • Friday | 1 PM**

Learn about the impact of mental health and addiction in recovery

**Check our website & Facebook page for special events**

